Classification of CVD: CEAP Class 0-6

CEAP	0	1	2	3	4	5	6
Description	No visual or palpable signs of CVD	Telangiectasia or reticular veins	Varicose Veins	Edema	Pigmentation: Skin changes assigned to venous disease	Skin changes with healed ulceration	Skin changes with active ulceration
Visual							

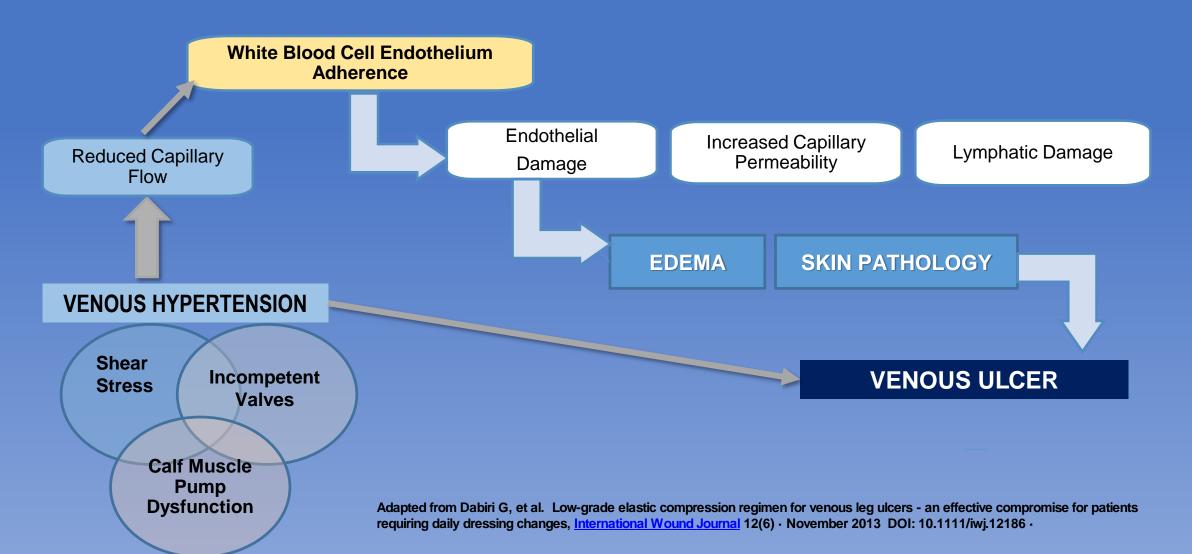
Risk factors for CVD

Predisposition to CVD based on environmental or genetic factors

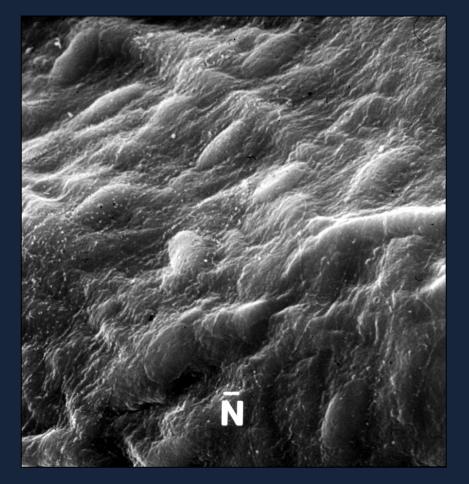
Female gender	Long periods of standing or sitting	
Obesity	Constipation	
Older age	History of DVT or previous leg injury	
Pregnancy	Family history	

^{1.} Coleridge Smith P. The causes of skin damage and leg ulceration in chronic venous disease. Lower Extrem Wounds 2006; 5(3): 160–168.2. Jawien A. Influence of environmental factors in chronic venous insufficiency. Angiology 2003; 54(Suppl. 1): S19–S31. 3. Jawien A, Grzela T and Ochwat A. Prevalence of chronic insufficiency in men and women in Poland: Multicenter cross-sectional study in 40,095 patients. Phlebology 2003;18: 110–121. 4. Evans CJ, Fowkes FGR, Ruckley CV, et al. Prevalence of varicose veins and chronic venous insufficiency in men and women in the general population: Edinburgh Vein Study. J Epidemiol Community Health 1999; 53: 149–153.. 5. Criqui MH, Jamosmos M, Fronek A, et al. Chronic venous disease in an ethnically diverse population: The San Diego Population Study. Am J Epidemiol 2003; 158:448–456. 6. Maurins U, Hoffmann BH, Lo¨sch C, et al. Distribution and prevalence of reflux in the superficial and deep venous system in the general population – Results from the Bonn Vein Study, Germany. J Vasc Surg 2008; 48(3):680–687.7. Carpentier PH, Maricq HR, Biro C, et al. Prevalence, risk factors, and clinical patterns of chronic venous disorders of lower limbs: A population-based study in France. J Vasc Surg 2004; 40: 650–659.

Pathway from Venous Hypertension to Ulcer

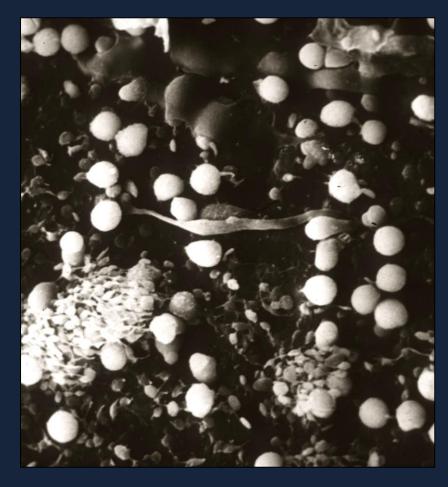


Normal Venous Pressure



No WBCs

Venous Hypertension

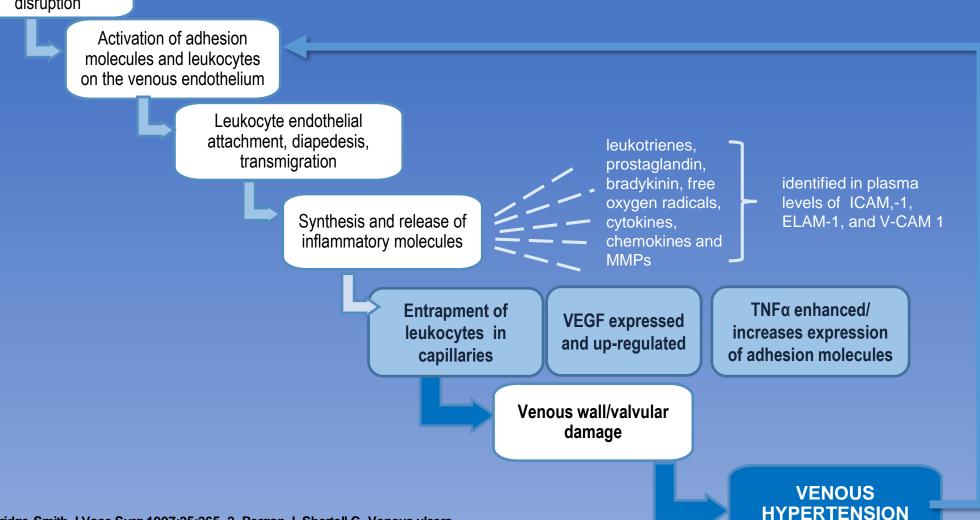


WBC Activation and Adhesion

Predisposing factors (genetics, environmental)

Cascade of Complex Metabolic/molecular Reactions

Shear stress and endothelial glycocalyx disruption



Adapted from: 1. Saharay & Coleridge-Smith J Vasc Surg 1997;25:265 2. Bergan J, Shortell C .Venous ulcers, Academic Press, Elsevier, 2006) Coleridge-Smith, Lower Extremity Wounds 2006; 5(3).]

Only VASCULERA addresses the biochemical pathway in 3 ways

Activation of adhesion molecules and leukocytes in the venous endothelium REDUCED

2

Synthesis and release of inflammatory molecules REDUCED

3

TNF-α expression of adhesion molecules **REDUCED**

Entrapment of leukocytes in capillaries

REDUCED

VEGF expression and up-regulation **REDUCED**

IMPROVED SYMPTOMS OF CVD

Systematic Review of the Body of Evidence

- Literature review on the use of MPFF for effectiveness and safety
- Databases searched: Medline, Cochrane Database for Systematic Reviews, Google Scholar

Abstracts reviewed	250
Placebo trials	20
Observational studies	9
Comparison studies	16
Meta-analyses	4
Reviews	16
Questionable/Rejected studies	132
Papers Selected for Review	65
Papers included in final Review	10

Results: Objective and subjective outcomes

Outcomes of MPFF on CVD can be divided into 2 categories:

- Objective: Signs which can be measured objectively, such as: edema, ulceration and trophic changes
- **Subjective:** Symptoms based on patient report, and are subjective such as: pain, sensations of heaviness and swelling, nocturnal cramps, paresthesias, heat or burning and erythema or cyanosis.
 - Only randomized, placebo controlled, double-blind studies were considered in evaluating the effect of MPFF on subjective symptoms.

In summary, the general level of evidence supports the recommendation that the use of medical therapy with Micronized Purified Flavanoid Fraction (diosmin) has beneficial outcomes without serious adverse events.

Study Review: Objective Outcomes

Objective outcomes are assessed through measurable improvements to signs of CVD

Conclusion	Studies
MPFF is of benefit in ulcer healing and reducing ulcer healing timeGreatest benefit seen in ulcers <5cm diameter and <5 years duration ¹⁻³	4 RCTs; pooled and meta analyses
MPFF showed significant benefit in healing trophic changes ⁴⁻⁶ Pooled analysis showed significant benefit	2/4 RCTs; pooled analysis (Cochrane Review)
MPFF demonstrated a decrease in ankle edema ⁶⁻⁷ Pooled analysis of statistically significant improvement	4 RCTs; pooled analysis (Cochrane Review)

1.Guilhou JJ, Dereure O, Marzin L et al. Efficacy of Daflon 500 mg in venous leg ulcer healing: a double-blind, randomized, controlled versus placebo trial in 107 patients. *Angiology* 1997;48(1):77-85. **2**. Glinski W. The beneficial augmentative effect of micronized purified flavonoid fraction (MPFF) on the healing of leg ulcers: An open, multicenter, controlled, randomized study. *Phlebology* 1999;(4):151-7. **3**. Roztocil K, Stvrtinova V, Strejcek J. Efficacy of a 6-month treatment with Daflon 500 mg in patients with venous leg ulcers associated with chronic venous insufficiency. *Int Angiol* 2003;22(1):24-31.**4**. Fermoso J, Legido AG, Del Pino J, et al. Therapeutic value of hidrosmin in the treatment of venous disorders of the lower limbs. *Curr Ther Res* 1992;52(1):124-34. **5**. Gilly R, Pillion G, Frileux C. Evaluation of a New Venoactive Micronized Flavonoid Fraction (S 5682) in Symptomatic Disturbances of the Venolymphatic Circulation of the Lower Limb: A Double-Blind, Placebo-Controlled Study. *Phlebology* 1994; 9(2):67-70. **6**. Laurent R, Gilly R, Frileux C. Clinical evaluation of a venotropic drug in man. Example of Daflon 500 mg. *Int Angiol* 1988;7(2S):S1-43. **7**. Martinez-Zapata MJ, Vernooij RW, Uriona Tuma SM et al. Phlebotonics for venous insufficiency. *Cochrane Database of Systematic Reviews* 2016;(4).